

BREFFNI FAMILY RESOURCE CENTRE HAPPENINGS:

LEARN TO SPEAK SPANISH: Spanish Lessons for complete beginners beginning on Wednesday 16th September from 7pm - 9pm.

ART CLASSES FOR ADULTS: Enjoy, Relax and Splash on some colour. Art Classes with Noreen Gaffney recommences on Monday 14th September (six weeks) from 4.30 – 6.30pm.

THE POSSIBILITY PROGRAMME - Live Your Best Life: Feeling under pressure, Coping with tough challenges? Searching for possibilities? Is your thinking blocked. If your answer to any of these is yes, life coaches Nicola Scully and Liz Rafferty will find a different way to look forward, move forward and find solutions. Commencing on Thursday 17th September for 4 weeks from 7pm – 9pm.

BODY & CONDITIONING: Exercise classes for Over 55's commencing Tuesday 15th September from 4-5pm for six weeks. This six-week class is available to all individual's male or female and designed to help strengthen and maintain muscles, keeping the body supple and mobile.

For all of the above classes please contact **Breffni Resource Centre** on 071-9622566 Due to COVID-19 restrictions places are limited.

NORTH WEST HOSPICE: Will you host a socially distant or virtual coffee morning for North West Hospice this September? Hospice Coffee Morning, Together with Bewley's happens on September 24th but you can choose any date that suits you. You can register at northwesthospice.ie/coffeemorning/ or (071) 9170523 to get your free Bewley's coffee pack. Remember to stay safe as we are all in this together.

O God, early in the morning I cry to you. Help me to pray
and to concentrate my thoughts on you: I cannot do this alone.

In me there is darkness, but with you there is light;

I am lonely, but you do not leave me;

I am feeble in heart, but with you there is help;

I am restless, but with you there is peace.

In me there is bitterness, but with you there is patience;

I do not understand your ways, but you know the way for me...

Restore me to liberty and enable me to live now

That I may answer before you and before me.

Lord, whatever this day may bring,

Your name be praised. Amen. *(Dietrich Bonhoeffer)*

KILTOGHERT PARISH

OFFICE HOURS:

Mon, Tues, Thurs: 2pm-5pm

Wed & Fri: 10.30am-5pm

Closed Saturday, Sunday, Holy Days & Bank Holidays

071-9620118

E-mail: parishkiltoghert@gmail.com

SATURDAY 29th + SUNDAY 30th AUGUST **TWENTY SECOND SUNDAY IN ORDINARY TIME** **PRIEST ON DUTY: FR. MARK BENNETT C.C. 071-9650881**

MASSES FOR SATURDAY 29th & SUNDAY 30th August

ST. MARY'S:

Saturday Vigil 8pm: Michael Flynn (Memorial mass) Attyfinlay

Sun 9am: Kathleen Cleary & Owen Cunniffe & deceased members
of the Cleary & Cunniffe families

12noon: Patricia Butler (Anniv)

MASSES FROM MONDAY 31st AUGUST - SATURDAY 5th SEPTEMBER

Monday 8pm: Denis Prior (Anniv)

Tuesday 10am:

Wed 10 am: Susan & Bill Faughnan (Anniv)

Thursday 10am:

Friday 8pm: Gerry Moore, James & Agnes McGowan & their
sons Peter & Jimmy

Sat 10am: Tom Daly (Anniv) Jamestown

LEITRIM Tuesday 8pm: Joe & Oliver Mullaney (Anniv)

First Friday 10am:

GOWEL Friday 7pm:

MASSES FOR SATURDAY 5th & SUNDAY 6th SEPTEMBER

ST.MARY'S

Sat Vigil 8pm:

Sun 9am:

12noon: Martin O'Gorman (Anniv)

CHURCH NOTICES:

BAPTISMS: We welcome into the Christian Community Jack Logan who was baptised recently.

DAILY ROSARY: At 6pm in St. Joseph's Church Leitrim. All welcome.

DEATHS: We pray for the happy repose of the souls of Paul Marie Scanlon nee McGovern (Ballisadare & formerly Tully Jamestown), John Owens (Athlone & formerly Arigna, brother of Rosaleen Mulvey, Hartley Mary Ward nee Earley (Leitrim Village, Sister of Joe Earley, funeral took place in Fethard, Co. Tipperary) who died recently. May they rest in the peace of Christ.