

St. Patrick's Breastplate

I arise today
Through the strength of heaven;
Light of the sun,
Splendour of fire,
Speed of lightning,
Swiftness of the wind,
Depth of the sea,
Stability of the earth,
Firmness of the rock.

I arise today
Through God's strength to pilot me;
God's might to uphold me,
God's wisdom to guide me,
God's eye to look before me,
God's ear to hear me,
God's word to speak for me,
God's hand to guard me,
God's way to lie before me,
God's shield to protect me,
God's hosts to save me
Afar and a near,
Alone or in a multitude.

Christ shield me today
Against wounding
Christ with me, Christ before me, Christ behind me,
Christ in me, Christ beneath me, Christ above me,
Christ on my right, Christ on my left,
Christ when I lie down, Christ when I sit down,
Christ in the heart of everyone who thinks of me,
Christ in the mouth of everyone who speaks of me,
Christ in the eye that sees me,
Christ in the ear that hears me.

I arise today
Through the mighty strength
Of the Lord of creation.



Kiltoghert Parish

SATURDAY 16th & SUNDAY 17th MARCH
Lá Fhéile Pádraig



PRIEST ON DUTY: FR. FRANK GARVEY P.P. 071-9620118

MASSES FOR SATURDAY 16th & SUNDAY 17th MARCH

ST.PATRICK'S DAY

ST.MARY'S : Saturday Vigil 8pm: Arnold McLaughlin (1st Anniv)

Sunday 9am:

12noon: Sean & Noreen Maxwell (Anniv)

LEITRIM 10.15am: Caroline Whitney her grandparents Tom & Mary Touhy

GOWEL 10.15am: Thomas P McLoughlin (1st Anniv)

JAMESTOWN: Sat Vigil 7pm: George and Albert Hunt (Anniv)

MASSES FROM MONDAY 18th -SATURDAY 23rd MARCH

ST.MARY'S:

PLEASE NOTE: There will be **no morning masses** tomorrow Monday 18th March in **St.Mary's** or in **St.Patrick's hospital.**

Monday 8pm:Lenten Talks

Tuesday 8am:

Wednesday 8am:

Thursday 8am

Friday 8am:

Friday 8pm:Margaret Regan (3rd Anniv)

Saturday 10am:

LEITRIM Tuesday 8pm:

GOWEL Friday 7pm: Michael Thomas Taylor (Anniv)

MASSES FOR SATURDAY 23rd & SUNDAY 24th MARCH

ST. MARY'S Saturday Vigil 8pm: Tommy McWeeney (Months Mind)

Sunday 9am: John & Annie Lowe (Anniv)

Sunday 12: John McManus (Anniv)

LEITRIM 10.15am: Elizabeth Mulvey (Anniv)

GOWEL 10.15am: Margaret McKenna (Anniv)

JAMESTOWN Sat Vigil 7pm: Billy Beirne (Anniv)

PARISH NOTICES

CHURCH COLLECTIONS: Offertory €3,030

SCRIPTURE GROUP: meet every Tuesday at 11am in Leitrim Gaels Centre. Contact Maureen on 9621133 or Consoline on 962 1080 for further information or come along on the morning.

BAPTISMS: We welcome into the Christian Community James Harrigan, Cahir Coyle, Alicja Brodowski and Diarmuid Burke Daly who were baptised recently.

DEATHS: We pray for the happy repose of the souls of Jim Guckian (Ilford, Essex, and formerly Correen, brother of Paddy & Eddie Guckian, Mary Woods, (Newbridge, Co. Galway, sister of Tom Hughes, Shannon Lodge) and Eamon Flynn (Monaghan, brother of Seamus Flynn, Church park) who died recently. May they rest in the peace of Christ.

LENTEN SERIES: Our Lenten Series continues on Monday 18th March in St.Mary's at 8pm. The Theme for Monday night is The Mass: Mystery Revealed.

CERMONY OF LIGHT: For all the children who are preparing for the sacrament of Confirmation. The Ceremony of Light will take place during next Saturday evening mass in St.Mary's Church, Ck on Shannon. We ask children and parents to please attend.

CHRISTIAN MEDITATION GROUP:

continues on Wednesday evenings at 7.30pm in Breffni Family Resource Centre, Ck on Shannon. Phone Ann on 086 3537758

ADORATION: A Holy Hour of Adoration will take place in **St Mary's Church on Tuesday 19th March**, starting at 8.00pm. We will gather before Jesus in the Blessed Sacrament to pray for a special intention – that the Lord will inspire many more people to spend just 1 hour per week with Him in Adoration. Those who already come to weekly Adoration will readily testify that it is a privilege and a blessing in their lives to spend time in the company of Jesus, and it is so important that this opportunity is offered to many others."

COMMUNITY NOTICES:

BREFFNI PLAYERS: Presents Conversations on a homecoming by Tom Murphy and directed by Sinead Quinn 26th –29th March at 8pm in the Dock. To book call 071-9650828 or www.thedock.ie

NORTH WEST HOSPICE APPEAL to Local Ladies for support. to join Team-North-West-Hospice in this year's VHI Women's Mini-Marathon in Dublin to help raise essential funds for our local palliative care services. Every step you take will make a difference in the lives of patients and their families in our local community. This year's event will take place on Bank Holiday Sunday June 2nd at 2pm and can be walked, jogged or run so suits all abilities. The hospice provide bus transport. If you would like to get involved please call (071) 9170523, visit www.northwesthospice.ie or email us at info@northwesthospice.ie.

DARKNESS INTO LIGHT: Meeting of the Carrick on Shannon Darkness into Light (May 11th 2019) to be held in **landmark Hotel at 8.30 Tuesday 19th.**Please attend if you have any new ideas or would like to be to of any assistance.

BASKET MAKING: Celebrate Easter creatively with a Willow Basket Making course for Beginners on Holy Thurs, 18th April in Leitrim Village. 10am-5pm. All materials supplied. Price €60 for course. Contact Helena Golden on 087 6791180.

AGE ACTION: is a charity which promotes positive ageing and better policies and services for older people. Working with, and on behalf of, older people we aim to make Ireland the best place in the world in which to grow older. **TECHNOLOGY FOR THE TERRIFIED - VOLUNTEER TUTORS NEEDED IN CARRICK-ON-SHANNON:**

Age Action runs beginner/improver computer classes for older people who have little or no experience or who are terrified of technology. The aim of the programme is to make older people comfortable using laptops/tablets/smartphones and help them navigate the Internet. Tutoring is generally done on a 1:1 basis (where possible). Strong basic computer/tablet/smartphone skills and fluent English needed but patience and good humour just as important! Training provided. Classes will be held once a week during the morning in the Hive in Carrick on Shannon. For more information please contact Oisin on 087 1956047 or Email: oisin.kenny@ageaction.ie

KILTOGHERT WOMENS GROUP: will have a cookery demonstration with Rosaleen Lynch on Wednesday 20th at 8.30pm. All welcome.

KILTOGHERT PIONEERS: National Pioneer Ball: The 2019 National Pioneer Ball takes place in the Anner Hotel (Thurles, County Tipperary) on Saturday the 6th of April. Mass will be celebrated in the Pallotine Retreat Centre at 6,30pm; Dinner served at 8.00pm with music by Autumn Gold. Enquiries to: Willie Shanahan (Mobile Number: 0860669391).